### VPM's B. N. Bandodkar College of Science (Autonomous), Thane.

### Department of Human Science Under Departmental Club SOHAM Organized

Lecture on

### "The Power of being Positive – Safalta Ki Kunji"

Date: 7<sup>th</sup> August, 2021.

Time: 6.00 p.m.. to 7.30 pm.

The Human Science and Interdisciplinary Science department under Departmental Club SOHAM of VPM's B. N. Bandodkar College of Science (Autonomous), Thane organized a webinar on "The Power of being Positive- Safalta ki Kunji" session.

The session was arranged on 7<sup>th</sup> August from 6.00 p.m. to 7.30 p.m. and was conducted by the students of SYB.sc and TyB.sc students of Human Science.

The session was hosted by Ms Tejal Parmar. She began the session by welcoming all the dignitaries and students and went on to introduce the topics of the session. Then, Miss Harshita yadav introduced the speaker of the session – Dr. Kiran Pariya. Dr. Kiran has completed Ph.D in the year 2005 by completing 15 research papers after completing MSc. Dr. Kiran was a NSS programme officer for the year 2009-2016, NSS Area coordinator of Thane city for the year 2013-2015 and cultural coordinator from 2019 till date.

After spending nearly 22 years in education industry as Zoology Professor where Dr. earned reputation as a teacher, mentor and successfully carried out "Change Management" for Teachers and students. Dr. Has completed Master Practitioner's, Emotional Intelligence Trainer and Hypnotherapist certification in due course. Dr. has nurtured and interacted with thousands of students in the field of zoology, social service, psychology and NLP through trainings, workshops and motivational sessions. Dr. started by specializing in Neuro Linguistic Programming, Emotional Intelligence, Meditation and Hypnotherapy over the course of my journey. Dr. Has incorporated the best practices from coaching, philosophy, psychology and neuroscience with many more advanced methodologies, research papers & fields of study. Dr. has worked as a visiting faculty at one of the world's first University Master's Degree Program in Emotional Intelligence & Life Coaching run by MasterMyLife with Industry Partner – University of Mumbai's GICED, Kalina Campus. Dr. began developing my own advanced, sophisticated programs, bringing together my two decades of experience, learning from renowned experts and most importantly demands of industry. As a result, many of doctor's students, became influential, coach, trainers and consultants, that too with tremendous speed. He very well explained the techniques to remain positive in challenging situations and how our unconscious mind plays role on our current mood and how to deal with it.

The entire session was very informative and many participants doubts were cleared via the question and answer session. The session came to an end with some encouraging words from Dr. Vinda Manjramkar, Principal Dr Moses Kolet followed by the Vote of thanks.

Registration for the webinar was free. The session was attended by 34 participants and it was held on Google Meet. After the completion of the webinar the students received E-certificates for attending the session through a feedback form and all the suggestions of the participants were replied via personal emails.

Poster:-

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### VPM'S B.N.Bandodkar college of Science (Autonomous), Thane - 400601.

Re-accredited "A" grade by NAAC (3rd Cycle); ISO 9001:2015 certified; Best College Award, University of Mumbal; Milestone Merit Leadership" Award; Ramkrishna Bajaj National Quality Certification Award; Supported under FIST 'O' Level; Funded under STAR College scheme of DBT; College with Potential for Excellence (CPE), BEQET Special Citation Award of NCQM.

ORGANISED BY THE DEPARTMENT OF HUMAN SCIENCE AND INTERDISCIPLINARY SCIENCE.

Dr. Kiran Pariya

UNDER THE DEPARTMENTAL CLUB SOHAM.

## THE POWER OF BEING POSITIVE!

# सफलता की कुंजी



#### #IAMUNSTOPPABLE

An Interactive session where we learn about the power of being positive.

Register Now!!

WHEN:

07 AUGUST 2021 शाम 6:00 बजे से

### **Stills from the lecture :-**



### Feedback analysis:-

